

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<p>Lunch</p> <ul style="list-style-type: none"> -Tator Tot Casserole or - Mini Corndogs - Green Beans or -French Fries - Whole Grain Chips <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Cheeseburger or - Beanie Weenies - Sliced Cucumber -Fresh Carrots Monster Apple Cookie <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Pizza or - Chicken Nuggets or - Corn or - Side Salad - Hot Roll <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Hot Dog or - PB+J - French Fries or - Baked Beans - Banana Split Kebabs <p>Milk - Fruit - Salad Bar</p>	<p>No School</p>	7
8	<p>Lunch</p> <ul style="list-style-type: none"> - Chopped Steak or - Corn Dog - Green Beans or - Mashed Potatos - Gravy - Hot Roll <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Taco Bowl or - Chicken Ramen Bowl - Fresh Carrots or - Broccoli Salad - Jack O Lanterns <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Cheeseburger or - Sliced Turkey - Side Salad or - Mashed Potatos - Gravy - Hot Roll <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Spaghetti w/ Meat Sauce or - Macaroni and Cheese - Corn or - Sweet Peas - Garlic Toast or - Hot Roll <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Chicken Sandwich or -PB+J - Tater Tots or - Baked Beans - Pumpkin Pretzels <p>Milk - Fruit - Salad Bar</p>	13
15	<p>No School</p>	<p>No School</p>	<p>No School</p>	<p>No School</p>	<p>No School</p>	20
22	<p>Lunch</p> <ul style="list-style-type: none"> - Egg Rolls or - Orange Chicken or - Sweet Peas or - Stir Fry Veggies - Lo Mein Noodles - Whole Grain Chips <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Ham & Beans or - Cheeseburger - Corn or - Craisins - Cornbread -Hot Roll - Scarecrow Crunch <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Meat Loaf or - Popcorn Chicken - Green Beans or - French Fries - Hot Roll <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Tacos or - Nachos w/ Cheese - Side Salad or - Mixed Vegetables - Spanish Rice <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Pancake, Sausage, & Eggs or - PB+J - Diced Potatoes or - Tater Tots - Dirt Pudding <p>Milk - Fruit - Salad Bar</p>	28
29	<p>Lunch</p> <ul style="list-style-type: none"> - Chicken Strips or - Fish Sticks - French Fries or - Baked Beans - Hot Roll - Apple Bites <p>Milk - Fruit - Salad Bar</p>	<p>Lunch</p> <ul style="list-style-type: none"> - Chicken Nuggets or -Cheeseburger - Tater Tots or - Fresh Carrots - Spiders <p>Milk - Fruit - Salad Bar</p>				

Milk - Fruit - Juice

Milk - Fruit - Juice

Messages:

Lunch bills can be paid at the Cafeteria or Superintendents office during school hours or online at www.hulbertriders.net

Call Mary Longmire with any questions or concerns: 918-772-2501 x102

mlongmire@hulbertriders.net

****Menu subject to change****

Meal Prices:

Breakfast

Lunch

Student - \$1.60

Student - \$2.35

Adult - \$2.30

Adult - \$4.75

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	Breakfast Breakfast Bowl or - Cereal or - PB+J Milk - Fruit - Juice	Breakfast Sausage Biscuit or - Breakfast Box or - PB+J Milk - Fruit - Juice	Breakfast - Waffles or - Parfait or - PB+J Milk - Fruit - Juice	Breakfast -Sausage, Biscuit & Gravy or - Cereal or - PB+J Milk - Fruit - Juice	No School	7	
8	Breakfast -Ssg, Egg, Cheese Biscuit or - Cereal or -PB+J Milk - Fruit - Juice	Breakfast - Breakfast Bar & Toast or -Muffin & Sausage or -PB+J Milk - Fruit - Juice	Breakfast - Honey Bun or - Mini Cinni or - PB+J Milk - Fruit - Juice	Breakfast - French Toast or - Oatmeal Choc Chip Bar or - PB+J Milk - Fruit - Juice	Breakfast -Sausage, Biscuit & Gravy or - Cereal or - PB+J Milk - Fruit - Juice	13	
15	No School	No School	No School	No School	No School	20	
22	Breakfast - Sausage, egg, cheese Biscuit or - Muffin & Sausage or - PB+J Milk - Fruit - Juice	Breakfast -Breakfast Pizza or -Breakfast Box or - PB+J Milk - Fruit - Juice	Breakfast - Pancake on a stick or - Breakfast Bar & Toast or - PB+J Milk - Fruit - Juice	Breakfast - Oatmeal and Toast - Parfait or - PB+J Milk - Fruit - Juice	Breakfast -Sausage, Biscuit & Gravy or - Cereal or - PB+J Milk - Fruit - Juice	27	28
29	Breakfast - Sausage Biscuit or - Cereal or -PB+J Milk - Fruit - Juice	Breakfast - Donuts or -Muffin & Sausage or - PB+J Milk - Fruit - Juice					

Messages:
 Lunch bills can be paid at the Cafeteria or Superintendents office during school hours or online at www.hulbertriders.net

 Call Mary Longmire with any questions or concerns: 918-772-2501 x102
mlongmire@hulbertriders.net

****Menu subject to change****

Meal Prices:	
<u>Breakfast</u>	<u>Lunch</u>
Student - \$1.60	Student - \$2.35
Adult - \$2.30	Adult - \$4.75