

NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lunch - Frito Chili Pie or - Corndogs - Fiesta Corn or - Side Salad - Whole Grain Chips Milk - Fruit - Salad Bar	2 Lunch - Cheesy Potato Soup or - Ham & Cheese Sandwich - Fresh Carrots or - Side Salad - Cornbread or - Hot Roll Milk - Fruit - Salad Bar	3 Lunch - Tacos or - Nachos & Cheese - Corn or - Sweet Peas -Caramel Apple Cup Milk - Fruit - Salad Bar	4
5	6 Lunch - Chicken Alfredo or - Ham Sandwich - Side Salad or - Fresh Carrots - Whole Grain Crackers or - Whole Grain Cookies Milk - Fruit - Salad Bar	7 Lunch - Hot Italian Sub or - Pizza - Sliced Cucumber or - Fresh Broccoli - Whole Grain Chips Milk - Fruit - Salad Bar	8 Lunch - Mac & Cheese - Chicken Nuggets - Sweet Peas or - Carrots - Hot Roll Milk - Fruit - Salad Bar	9 Lunch - Taco Soup or -Spaghetti -Corn or - Side Salad - Whole Grain Chips or Garlic Toast Milk - Fruit - Salad Bar	10 Lunch - Hot Dog or - PB+J - French Fries or - Baked Beans - Whole Grain Chips or - Whole Grain Cookies Milk - Fruit - Salad Bar	11
12	13 Lunch - Hamburger Steak or - Corn Dog - Mashed Potatoes or - French Fries -Whole Grain Bun or - Hot Roll Milk - Fruit - Salad Bar	14 Lunch - Taco Bowl or - Chicken Ramen Bowl - Fresh Carrots or - Broccoli Salad -Caramel Apple Cup Milk - Fruit - Salad Bar	15 Lunch - Chilli Cheese Tator Tots or - Hot Dog - Side Salad or - French Fries - Whole Grain Bun or - Hot Roll Milk - Fruit - Salad Bar	16 Lunch -Grilled Cheese & Tomato Soup or - Chicken Noodle Soup - Fresh Broccoli - Hot Roll or - Whole Grain Crackers Milk - Fruit - Salad Bar	17 Lunch - Turkey - Green Beans or - Mashed Potatoes & Gravy - Stuffing or -Hot Roll - Peach Crisp Milk - Fruit - Salad Bar	18
19	20	21	22	23	24	25
Thanksgiving Break						
26	27 Lunch - Chicken Sandwhch or - Ham Sandwich - Side Salad or - Fresh Carrots - Whole Grain Cookies Milk - Fruit - Salad Bar	28 Lunch -Spaghetti or - Macaroni and Cheese - Corn or - Sweet Peas - Garlic Toast or - Hot Roll Milk - Fruit - Salad Bar	29 Lunch - Frito Chili Pie or - PB+J - Fiesta Corn or - Side Salad - Whole Grain Chips Milk - Fruit - Salad Bar	30 Lunch - Tacos or -Chicken & Cheese Enchiladas - Corn or - Sweet Peas - Chips w/ Salsa or - Rice Milk - Fruit - Salad Bar		

Messages:
 Lunch bills can be paid at the Cafeteria or Superintendents office during school hours or online at www.hulbertriders.com

Call Mary Longmire with any questions or concerns: 918-772-2501 x328
mlongmire@hulbertriders.net

Menu subject to change

Meal Prices:

<u>Breakfast</u>	<u>Lunch</u>
Student - \$1.60	Student - \$2.35
Adult - \$2.30	Adult - \$4.75